

Time Management: Cooking

[Busy Woman's Cookbook: 3 and 4 Ingredient Recipes](#): Sharon and Gene McFall

ISBN: 1-930170-05-X (1)

Over 500 quick to fix three and four ingredient recipes, for everything from appetizers to soups, salads, main dishes and desserts. A charming addition to the book are the 200 anecdotes and facts about famous first women in history. Each woman has been first in her field, including aviation, sports, intellectual achievement, politics, medicine, education, literature and science. An excellent teaching tool - this book encourages beginning cooks, as well as showcasing missing parts of women's history. Plus, the recipes are so much fun to prepare - anyone with access to a supermarket and a simple kitchen can make great homecooked meals in minutes.